

[FITNESS](#)[NUTRITION](#)[REGENERATION](#)[LIFE](#)[ABOUT US](#)[EQUINOX.COM](#)

6 of 7



Banish Breakouts

If acne is a constant battle, bring out the big guns: TriChloroacetic acid (aka TCA). "TriChloroacetic acid penetrates deeply into skin, so it resurfaces faster than more superficial peels," Dr. Bank says. Most TCA-based peels are pro-only because of their strength, but AKMD Skincare Overnight Skin Resurfacing Treatment with TCA offers a gentler alternative with niacinamide to moisturize and sodium hyaluronate to minimize irritation. (\$200, available at akmdskincare.com)

[View original post](#)[CONTACT US](#)[PRIVACY POLICY](#)